



Tucson Location:
205 W. Giaconda Way
Suite 135
Tucson AZ 85704
(520)-329-8830

Speech Therapy

Milestone Pediatrics offers in-home professional **Speech Therapy** services for children and adults needing to improve a variety of speech and language needs.

Our therapists provide speech and language assessments as well as ongoing speech therapy services.

Habilitation

Habilitation is offered at Milestone Pediatrics for adults and children with developmental disabilities. Habilitators are responsible for providing care to clients, based on their current set of goals and level of functioning. It is used to increase independence in individuals and offer support services.

Occupational Therapy

Occupational Therapy (OT) treatment focuses on helping people with a physical, sensory, or cognitive disability be as independent as possible in all areas of their lives. OT can help kids with various needs improve their cognitive, physical, sensory, and motor skills and enhance their self-esteem and sense of accomplishment.

Respite

Respite care is offered at Milestone Pediatrics for adults and children with developmental disabilities. Respite care is primarily used to give caregivers a break from the emotional demands of providing continuous care to someone who has a disability.

The ABC'S of pediatric Physical Therapy

Pediatric physical therapists (PTs) work with children and their families to assist each child in reaching their maximum potential to function independently and to promote active participation in home, school, and community environments. Physical therapists have expertise in movement, motor development, and body function (eg, strength and endurance). They apply clinical reasoning during examination, evaluation, diagnosis, and intervention for children, youth, and young adults. As primary health care providers, PTs also promote health and wellness as they implement a wide variety of supports in collaboration with families, communities, and other medical, educational, developmental, and rehabilitation

Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. *(American Music Therapy Association, 2005)*

Health insurance and type of payment accepted:

Milestone Pediatrics is contracted by The Department of Economic Security and the Division of Developmental Disabilities (DDD). We currently accept patients who are approved for Arizona Long Term Care (ALTCS) and are also contracted with Blue Cross Blue Shield.

Milestone Pediatrics also accepts the following plans:

Meritain

Gilsbar

Southwestern Teamsters

Ameriben

Please contact our Billing Coordinator, **Elena Chavez at 602-281-2896 or Elena@milestoneAZ.com** to check your eligibility. Please have your insurance card available when calling.